

ZARA PATERNOSTER

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BASE LOCATION: New York, NY
GENDER: Female
HAIR: Brown
EYES: Green
HEIGHT: 173cm
AGE RANGE: 18 – 30 Years
NATIONALITY: Australia & UK (dual passport holder)

TRAINING

2023 T. SCHREIBER STUDIO 1 Year Conservatory (New York)
2022 RADA Contemporary Drama Summer School (London)
2022 Film & TV Masterclass – The Actor’s Station, Les Chantry
2022 Kim Farrant ‘Truth in Performance’ Intensive – Acting Mastery
2022 UNIVERSITY OF CAMBRIDGE MicroMasters (Writing for Performance)
2022 25A Belvoir- Little Eggs Collective 'Moon Rabbit Rising' Development #3 - Devising
2022 25A Belvoir - Little Eggs Collective 'Moon Rabbit Rising' Development #2 - Devising
2021 Ninefold: A Theatre Ensemble Suzuki Training
2020 Audition Mastery: Fundamentals – Acting Mastery (Ben Matthews)
2020 Lecoq Clowning Workshop – Carolyn Eccles
2020 Singing Technique - Private Coaching (Clare Henessey)
2020 Ninefold: A Theatre Ensemble Suzuki Training
2020 Legs on the Wall @ The Red Box – Circus Training
2019 Stanislavski Technique – Private Coaching (Serhat Caradee)
2019 Ninefold: A Theatre Ensemble 'The Gaslight Project' Development #1 – Devising/Suzuki
2018 SYDNEY THEATRE SCHOOL Diploma of Arts (Acting) – 1 year Diploma
2017 AFTRS Screenwriting for Film - 12 Week Course
2016 NIDA Screen Acting Technique II - 8 Week Course
2016 NIDA Screen Acting Techniques - 8 Week Course
2015 UNIVERSITY OF TECHNOLOGY Bachelor of Arts (Public Communication) – 3 year Degree
2010 AIPA Film and Television - 1 year Intensive
2010 Australian Screen Tests Finalist - TVC & Monologue

CREDITS

| YEAR | ROLE | PRODUCTION | DIRECTOR | COMPANY |
|------|------|------------|----------|---------|
|------|------|------------|----------|---------|

Television

| | | | | |
|------|------------------|----------------------|-----------------|-----|
| 2022 | Chatty Passenger | <i>The Messenger</i> | Daniel Nettheim | ABC |
|------|------------------|----------------------|-----------------|-----|

Short Films

| | | | | |
|------|-----------|------------------------------|------------------------|------------------------|
| 2022 | Dakota | <i>Ours</i> | Tania Vukicevic | BMTV Productions |
| 2021 | Fuzz | <i>In Pursuit of Nothing</i> | Dingo Jones | Ghostflyer Productions |
| 2016 | Sarah | <i>Creatures</i> | Paul James Bird | Little Fox Films |
| 2016 | Cassandra | <i>Clowsultation</i> | Elise Overton | Sydney Film School |
| 2016 | Malina | <i>Warm Discomfort</i> | Sebastian Hill-Esbrand | Fighting Fish Films |

Commercial

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|------|----------|------------------------|--------------|------------------|
| 2021 | Daughter | <i>Opera Australia</i> | James Tolich | The Image Bureau |
|------|----------|------------------------|--------------|------------------|

Theatre

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|------|---|---|-----------------|------------------------------|
| 2019 | Nancy (Deviser/Performer) | <i>The Gaslight Project</i> | Shy Magsalin | Ninefold: A Theatre Ensemble |
| 2019 | Georgie (Performer/Producer) | <i>Baby X</i> | Malcolm Frawley | Crashing Water Theatre Co. |
| 2019 | Sandalwood | <i>My Mother and Other Catastrophes</i> | Julie Baz | Limelight on Oxford |
| 2019 | Marianna | <i>A Peculiar River</i> | Roz Riley | Factory Space Theatre Co. |
| 2018 | Don Pedro | <i>Much Ado About Nothing</i> | Sean O’Riordan | Chippen Street Theatre |
| 2018 | Clarice Starling (Deviser/Performer) | <i>The Silence of the Lambs: Redux</i> | Danielle Maas | Chippen Street Theatre |

Web-series

| | | | | |
|------|-------|-------------------------------|-------------|-----------------|
| 2016 | Sally | <i>Clutch (Pilot Episode)</i> | Kasper Kane | Forever Network |
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SKILLS

- Horse Riding (advanced)
- Swimming
- Yoga (advanced) & Pilates (advanced)
- Aerobics
- Stand-up Comedy
- Kickboxing
- Singing (Jazz/Contemporary)
- Cabaret
- Dance
 - Ballet (Intermediate)
 - Jazz (Advanced)
 - Hip Hop (Advanced)
- Bartending
- Retail Work
- Presenting

PRODUCTION TECHNIQUE

- Suzuki (Ninefold: A Theatre Ensemble Member)
- Viewpoints and Composition
- Alexander Technique
- Lessack Voice Technique
- Stanislavski Method
- Adler Method
- Meisner Technique
- Strasberg Technique
- Practical Aesthetics
- Lecoq Clowning

ACCENTS

- Australian
- Standard American
- Upper Class British
- Received Pronunciation
- Cockney
- New York
- Southern American